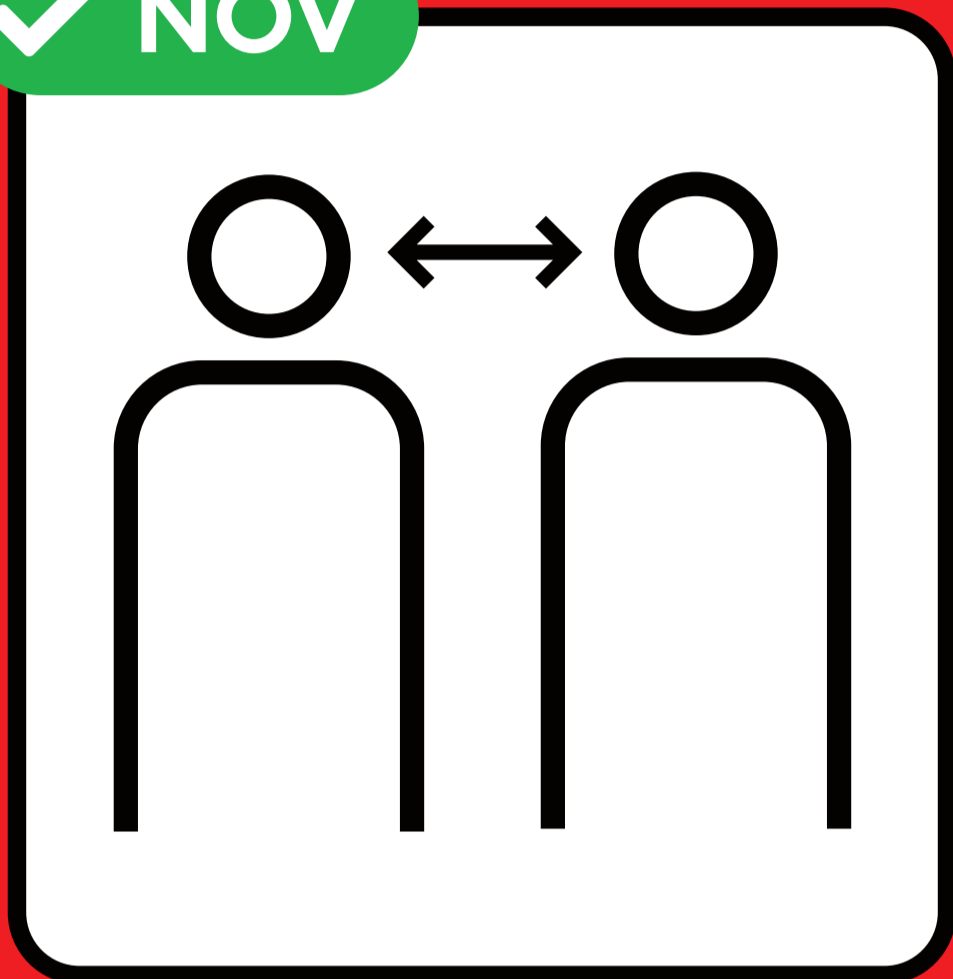


USCHIA ANS PROTEGIN NUS.



✓ NOV



Tegnair distanza.

Per exempel:

- Proteger personas pli veglias cun tegnair avunda distanza.
- Tegnair distanza durant star en colonna.
- Tegnair distanza a chaschun da sesidas.

ANC ADINA IMPURTANT:



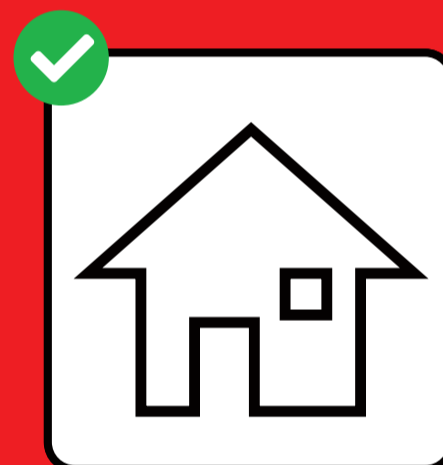
Lavar bain ils mauns.



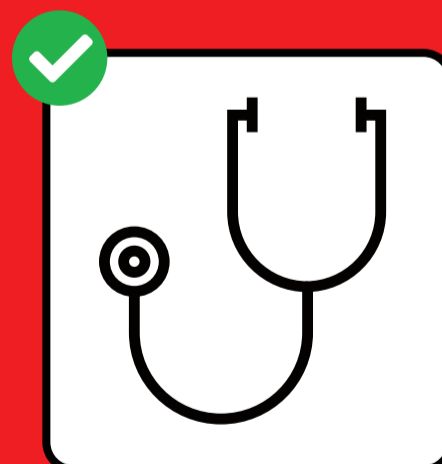
Evitar da dar il maun.



Tusser e starnidar en in fazelet u en la foppa dal cumbel.



Restar a chasa en cas da tuss e da fevra.



S'annunziar per telefon avant che ir tar il medi u a la staziun d'urgenza.

www.bag-coronavirus.ch



Schweizerische Eidgenossenschaft
Confédération suisse
Confederazione Svizzera
Confederaziun svizra

Swiss Confederation

Bundesamt für Gesundheit BAG
Office fédéral de la santé publique OFSP
Ufficio federale della sanità pubblica UFSP
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